

# 2010 STUNTS/PYRAMID GRID

STUNTS		DIFFICULTY	TECHNIQUE
	<b>4.0-5.0</b>	Any two-legged stunt below prep level	
	<b>5.0-6.0</b>	Any one-legged stunt below prep level/any two legged stunt at prep level (Multiple body positions will increase your score within range)	Little or no flyer body control Shaky or non-steady bases Poor Flexibility
	<b>6.0-7.0</b>	Two-legged extended stunt and/or one-legged stunt at prep level (Multiple body positions will increase your score within range)	Poor flyer body control Poor flyer motion position Below Average flexibility
	<b>7.0-8.0</b>	Extended one legged one body position stunts, not in a combination	Average flyer body control Average flyer motion position Average flexibility
	<b>8.0-9.0</b>	Combination of one legged extended stunts with 2 body positions and/or assisted single base extended stunts	Consistent flyer body control Good flyer motion position Good flexibility
<b>9.0-10.0</b>	Combination of one-legged extended stunts with 3 or more body positions or Non-Assisted single base extended stunt	Excellent flyer body control Excellent flyer motion position Excellent flexibility	

PYRAMIDS		DIFFICULTY	TECHNIQUE
	<b>4.0-5.0</b>	Pyramids below prep level	
	<b>5.0-6.0</b>	Pyramids at prep level	Little or no flyer body control Shaky or non-steady bases Poor Flexibility
	<b>6.0-7.0</b>	Basic extended pyramids	Poor flyer body control Poor flyer motion position Below Average flexibility
	<b>7.0-8.0</b>	Extended pyramids involving non inverted 2 1/2 high transitional release moves	Average flyer body control Average flyer motion position Average flexibility
	<b>8.0-9.0</b>	Extended pyramids involving inverted double braced release moves	Consistent flyer body control Good flyer motion position Good flexibility
<b>9.0-10.0</b>	Extended pyramids involving inverted single braced release moves	Excellent flyer body control Excellent flyer motion position Excellent flexibility	



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